Blood Count



Basic screening test: most frequently ordered

 Valuable diagnostic test: hematologic and other body systems, prognosis, response to treatment and recovery

 Consist of series of tests: variety, percentage, concentrations and quality of blood cells

Basic blood tests

- White blood cell count (WBC): leukocytes fight infection
- Specific pattern of WBC
- RBC indices: calculated values of size and Hb content of RBCs-important in the test for anemia
- Hematocrit (Hct): measures of RBC mass
- Hemoglobin (Hb): main component of RBCs and transport O2

- Mean corpuscolar volume (MCV)
- Mean corpuscolar Hb concentration (MCHC)
- Mean corpuscolar Hb (MCH)
- Red cell distribution and degree of variability (RDW)

Basic blood tests

Platelet count

•Mean platelet volume (MPV): index of platelet production

Reticulocytes





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Blood can be defined as a specialized connective composed of a corpuscular part (erythrocytes, leukocytes and platelets) and fluid part (plasma)



What are blood functions?

- -Respiratory
- -Nutritive
- -Excretory
- -Transportation
- -Thermoregulatory
- -Regulating PH
- -Regulating acid base balance
- -Defence
- -Coagulation





*Hematocrit (45%) = percentage of the elements of the total blood volume *Plasma (55%) *Buffy Coat (1%) *Erithrocytes (45%)

Laboratory Language

• PLASMA (55%)

- Water
- Protein
- -Albumin
- -Fibrinogen
- -Coagulation factors
- -Antibodies
- Lipid
- Glucose
- **Amino Acids**

Buffy Coat (1%) White blood cells **Neutrophiles Eosinophiles Basophils** Monocytes Lymphocytes **Platelets**

Red Blood Cells (44%)

Complete Blood Count:

nt Value	Normal Range 2 years – 6 years			
10 ⁹ / L x 10 ¹² / L /d1 % fl pg gm/d1 %	(5.0 - 17.0) (3.90 - 5.30) (11.5 - 13.5) (34.0 - 40.0) (75.0 - 87.0) (25.0 - 31.0) (31.0 - 36.0) (11.5 - 15.0)			
c 10 ⁹ / L	(150-450)			
Absolute	Normal Rai Number	nge 2 years – 6 years		
43 % 6 % 41 % 4 % 3 % 3 % 1	(3.61) (0.50) (3.44) (0.34) (0.25) (0.25)	(1.50 - 8.50) (0.00 - 1.00) (3.00 - 9.50) (0.00 - 0.80) (0.02 - 0.65) N/A		
	nt Value 10 ⁹ / L x 10 ¹² / L /dl % fl pg gm/dl % x 10 ⁹ / L Absolute 43 % 6 % 41 % 4 % 3 % 3 % 1	nt Value Normal Rat $2 \text{ years} - 6$ $10^9 / \text{L}$ $(5.0 - 17.0)$ $x 10^{12} / \text{L}$ $(3.90 - 5.3)$ /dl $(11.5 - 13.0)$ y_6 $(34.0 - 40.0)$ fl $(75.0 - 87.0)$ pg $(25.0 - 31.0)$ gm/dl $(31.0 - 36.0)$ y_6 $(11.5 - 15.0)$ $x 10^9 / \text{L}$ $(150 - 450)$ Absolute Normal Rate Number (3.61) 43.9% (3.61) $6.\%$ (0.50) $41.\%$ (0.34) $3.\%$ (0.25) $3.\%$ (0.25) 1.0^{-1} (0.25)		





Staining



Striscio di sangue



3 minuti con il colorante di Wright : Eosina Y Azur B Blu di metilene

May-Grunwald Giemsa

Essiccamento e osservazione



• Giemsa Stain

General consideration

- Giemsa stain has various azure compounds with eosin and methylene blue
- It is an excellent stain for blood, parasites and for inclusion bodies
- It stains red granules well but neutrophilic granules and erythrocytes are poorly stained
- Commercial stock solution are recommended for purchase and are stable indefnitely







INCORRECT





Note tailing off

Spread the sample on the slide







Red Blood Cells

- They are formed in the marrow under the control of the amount of oxygen (erythropoietin)
- Each cell contains 1 Hb molecule to which 4 atoms of iron are linked and reversibly 4 oxygen molecules
- They cannot reproduce or repair damage
- They have an average life of 120-130 days
- On the cell surface they have cytoplasmic proteins (blood groups)



- Haemolytic anemia
- Anemia deficiency of vitamins (B12), folic acid and iron
- Marrow disorders (aplastic)
- Thalassemia (Mediterranean anemia)
- Fetal erythroblastosis

ANEMIA

an insufficient supply of healthy red blood cells needed to carry oxygen to the body



COMMON CAUSES

- Iron Deficiency
- Vitamin Deficiency
- Chronic Diseases
- Bone Marrow Diseases
- Hemolytic Anemia
- Sickle Cell Anemia

SYMPTOMS

- Weakness and unexplained fatigue
- Shortness of Breath
- Dizziness
- Irregular or Fast Heart Rate
- Headache
- Cold Hands or Feet
- Chest Pain
- Yellow Skin
- Pale Skin

Based on Mean Cell Volume (MCV)Normal MCV : 76-96 fL (femtolitres)



Varying MCV HAEMOLYTIC ANAEMIA



12 g/dl or more: not anaemic

8-11 g/dl: mild to moderate anaemia

6-7 g/dl: marked anaemia

4-5 g/dl: severe anaemia

less than 4 g/dl: critical

Hematocrit Volume percentage (Vol%) of red blood cells in blood

Alcoholism Diabetes **Acute kidney failure Peritonitis Polycythemia Use of diuretics Burns** Vomiting **Dehydration**



Anemia **Bleeding Bone marrow aplasia** Lack of iron Lack of Vit B12 **Liver cirrhosis** Cancers **Leukemias**

Hemoglobin

Diarrhea Dehydration Emphysema

Shock

Polycythemia

Burns

Repeated transfusions



Bone marrow aplasia iron deficiency **VIT B12 Bleeding Metrorrhagia** liver diseases Infections **Cooley's disease Crohn's disease** Leukemia malignant tumors lymphomas

White Blood Cells

- White blood cells (WBCs) also called leucocytes are the cells of the immune system
- Are involved in protecting the body against both infectious disease and foreign invaders
- Are found throughout the body including the blood and lymphatic system
- Are produced and derived from multipotent cells in the bone marrow known as hematopoietic stem cells

- An increase in the number of white blood cells in circulation is called leukocytosis
- This increase is most commonly caused by inflammation
- Leokocitosis may affect one or more cell lines and can be neutrophilic, eosinophilic, basophilic, monocytosis, or lymphocytosis





-Platelet

Platelet











Can a WBC count be performed on a sample other than blood?

WBC counts may be performed on many different types of body fluids.

A common reason that this is done is to more directly assess one area of the body that may be infected or inflamed.

For example, if meningitis is suspected, a WBC count may be performed on a sample of cerebrospinal fluid (CSF).

The test may be done when someone has general signs and symptoms of an infection and/or inflammation such as:

Fever Chills Body aches Pain Headache A variety of

A variety of other signs and symptoms, depending on the site of suspected infection or inflammation

The white blood cell count (WBC) is used as part of a complete blood count (CBC) to:

1-Screen for a wide range of diseases and conditions

2-Help diagnose an infection or inflammatory process

3-May be used to determine the presence of other diseases that affect WBCs such as allergies, leukemia or immune disorders

4-Monitor the body's response to various treatments and/or to monitor bone marrow function (radiotherapy and chemotherapy)

A high white blood cell count, called leukocitosis can result from conditions such as:

1-Infections, most commonly caused by bacteria and some viruses, less commonly by fungi or parasites **2-Inflammation** or inflammatory conditions such as rheumatoid arthritis, vasculitis or inflammatory bowel disease **3-Leukemia**, myeloproliferative neoplasms 4-Conditions that result in tissue death (necrosis) such as trauma, burns, surgery or heart attack **5-Allergic responses** (allergies, asthma)

Coagulationkey points

- Hemostasis requires the interaction of platelets, coagulation and fibrinolytic factors, endothelium, proinflammatory and antiinflammatory mediators and leukocytes
- Clot formation is typically initiated by vascular injury in which a platelet plug forms and is reinforced with fibrin
- Clot formation is balanced by plasminmediated fibrinolysis and other fibrin degradation products

Coagulation



Damaged Blood Vessel Injury to vessel lining triggers the release of clotting factors

Formation of Platelet Plug Vasoconstriction limits blood flow and platelets form a sticky plug Development of Clot Fibrin strands adhere to the plug to form an insoluble clot

CLOTTING FACTORS AND RELATED COAGULATION TESTS

INTRINSIC SYSTEM

XII



Coagulation disorder pattern	Platelet count	BMBT	ΑΡΤΤ	РТ	тт	FDP
Disseminated intravascular coagulation-CID	Decr	Incr	Incr	Incr	Incr	Incr
Thrombocytopenia	Decr	Incr	Norm	Norm	Norm	Norm
Von Willebrand's	Norm	Incr	Norm	Norm	Norm	Norm
Liver insufficiency (vK defic)	Norm	Norm	Incr	Incr	Norm	Norm
 Buccal mucosal bleeding time (BMBT) Activated partial thromboplastin time (APTT) Prothrombin time (PT) Thrombin time (TT) Fibrinogen degradation products (FDP) 						

International Normalized Ratio

- An INR of 1.0 means that the patient PT is normal.
- An INR greater than 1.0 means the clotting time is elevated.
- INR of greater than 5 or 5.5 = unacceptable high risk of bleeding,whereas if the INR=0.5 then there is a high chance of having a clot.
 - Normal range for a healthy person is 0.9–1.3, and for people on warfarin therapy, 2.0–3.0, although the target INR may be higher in particular situations, such as for those with a mechanical heart valve.