

# **DYNAMICS GROUPS**





# The idea of group can have many interpretations and represents a complex hearing to be defined.



# «GROUP DYNAMICS is the study of groups and also a general term for a group of process». Lewin and Bion



## MAIN DEFINITIONS OF GROUPS DYNAMICS

- Group dynamics is the study of activities of processes that are responsible for various group phenomenon.
- Group dynamics is the study of group inter – stimulation and invoking of response between indivividuals to perform various group phenomenon.



Group dynamics can be summarized in the following grid:

PARTICIPATION

INFLUENCE

LEADERSHIP

**POSITION METHODS** 

**PRODUCTION FUNCTIONS** 

SUPPORT PRODUCTION

**GROUP ATMOSPHERE** 

**MEMBERSHIP** 

FEELINGS

NORMS

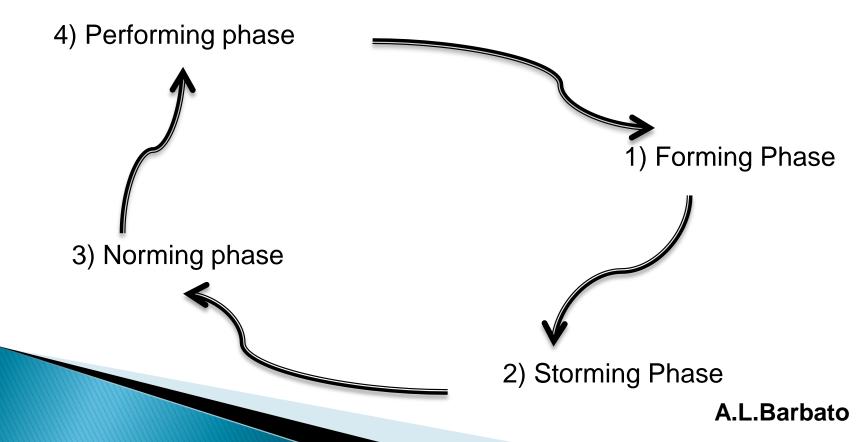


### **ASPECTS OF GROUP DISCIPLINE**

- Group task
- Composition of group
- Comunication of group
- Mode of working relationship between members of a group
- Growth, downfall and resolution of the group
- Group dissolution
- Method to achieve oneness and building consensus
- Acclimatation to meet the needs of the group
  - Task performance



# 4 phase to develop a group





# Strategies to improve group functioning

Members of a group must have clear a goal to achieve; Idea about expectations; their responsabilities; must follow the principles; collaborative approach and communication with the group: the coordinator must control the task to obtain.