



NURSING: EDUCATIONAL AND RELATIONSHIP PROCESS

DYNAMICS GROUPS





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The idea of group can have many interpretations and represents a complex hearing to be defined.



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«GROUP DYNAMICS is the study of groups and also a general term for a group of process». Lewin and Bion



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MAIN DEFINITIONS OF GROUPS DYNAMICS

- Group dynamics is the study of activities of processes that are responsible for various group phenomenon.
- Group dynamics is the study of group interaction – stimulation and invoking of response between individuals to perform various group phenomenon.



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Group dynamics can be summarized in the following grid:

PARTICIPATION

INFLUENCE

LEADERSHIP

POSITION METHODS

PRODUCTION FUNCTIONS

SUPPORT PRODUCTION

GROUP ATMOSPHERE

MEMBERSHIP

FEELINGS

NORMS



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ASPECTS OF GROUP DISCIPLINE

- **Group task**
- **Composition of group**
- **Communication of group**
- **Mode of working relationship between members of a group**
- **Growth, downfall and resolution of the group**
- **Group dissolution**
- **Method to achieve oneness and building consensus**
- **Acclimatation to meet the needs of the group**
- **Task performance**



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4 phase to develop a group

4) Performing phase

3) Norming phase

1) Forming Phase

2) Storming Phase



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Strategies to improve group functioning

Members of a group must have clear a goal to achieve; Idea about expectations; their responsibilities; must follow the principles; collaborative approach and communication with the group: the coordinator must control the task to obtain.