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NURSING: EDUCATIONAL AND RELATIONSHIP PROCESS

TEAM WORK





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A **TEAM** consists of more than one person, and each person typically has different responsibilities. **TEAM WORK** leads to personal recognition, raises self – esteem and increases motivation and commitment.



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ELEMENTS OF A TEAM

- Common purpose
- Interdependence
- Clarity of roles and contribution
- Satisfaction from working together
- Mutual and individual accountability
- Realization of synergies
- Empowerment



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STRATEGIES TO BUILDING A SUCCESFULL TEAM:

- CLEAR EXPECTATIONS
- COMMITMENT

- COMPETENCE
- CONTROL

- COMMUNICATION
- COLLABORATION
- COORDINATION



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VALUES, PRINCIPLES AND BENEFITS

Five values characterize the most effective members of high-functioning teams in health care:

- ↪ **Honesty**
- ↪ **Discipline**
- ↪ **Creativity**
- ↪ **Humility**
- ↪ **Curiosity**



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TEAM WORK IN HEALTH can be defined as a dynamic process that must involve health care professionals as physicians, nurses, paramedical workers, health educators....and many other professionals in order to achieve the goal.



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ADVANTAGES OF TEAM WORK

- High – quality performance
- Execution of new ideas can be effective and efficient
- Provide more security and personal relationship
- Provide a variety of solution
- It Increases the willingness of every member to take more risk
- It increases the accuracy of problem solving
- A team can handle more difficult and complex problem in the workplace



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DISADVANTAGES OF TEAMWORK

- It may lead to unequal participation of member in a team
- Some individuals may be good workers, they may not be good team payers
- It may limit creative thinking
- A team can sometimes take larger to produce desire results
- Team can also result in added expenses
- It may face some conflict
- Peer Pressure



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Most significantly in the context for health care and support because people living longer, consequently we have a greater number of **older patients** and people to support, many with multiple and complex needs, and with higher expectations of what health care, support and should deliver.



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CONCLUSIONS

It's essential that all interdisciplinary team members are knowledgeable about each other's job roles, responsibilities, and level of accountability at the unit and organizational level. This knowledge provides the essential framework needed to take advantage of each team member's clinical skills and promote cohesive teamwork approach to care.